

Information will also be available on a range of services, support groups and leisure opportunities for children and young people with additional needs and their families.

**Representatives from AskUs and the IRIS magazine will be available to provide signposting and guidance on the day.**

And finally...

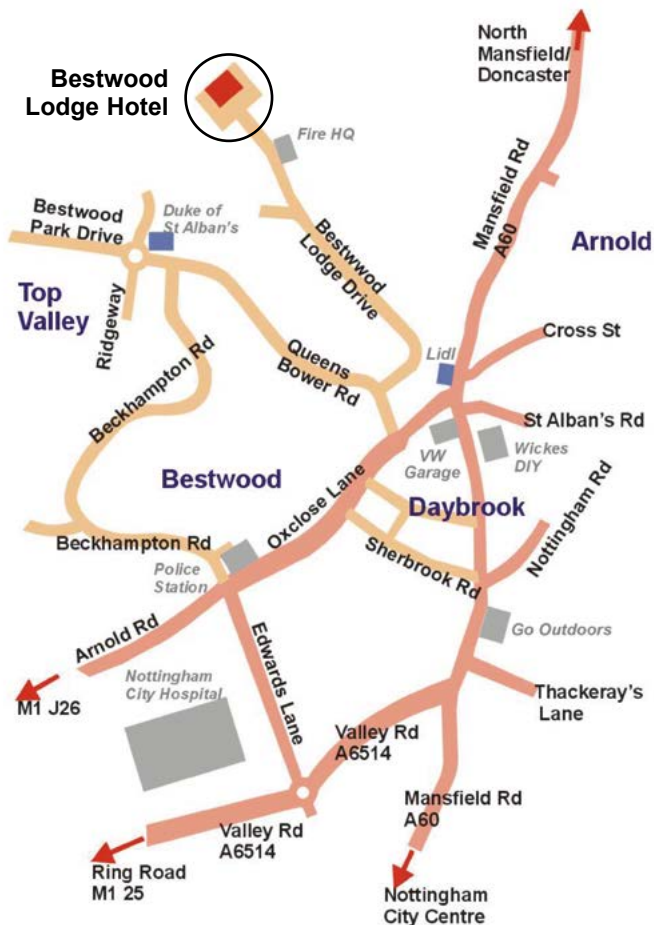
At the end of the day there will be an opportunity to gather information, speak to workshop providers and ask any outstanding questions you may have.

### Childcare Costs

You may claim additional childcare costs incurred as a result of attending the conference. A receipt from a registered provider will be required for audit purposes. **(Maximum of £40.00 per family).** Please indicate if you wish to claim.

**YES / NO**

### Location map



Bestwood Lodge Hotel  
Bestwood Country Park  
Arnold, Nottingham NG5 8NE

For parents / carers who are resident in Nottinghamshire or whose child attends a Nottinghamshire school

A free conference for parents and carers of children and young people up to the age of 19 with additional needs



**Wednesday 15 May 2019**

9am – 3pm

at Bestwood Lodge Hotel NG5 8NE

## Keynote Speaker: Henry Normal



Born in St Ann's, Nottingham in 1956. Henry now lives in Brighton with his wife, the screenwriter Angela Pell, and their son, Johnny.

Henry is a writer, poet and TV and Film producer. He co-wrote and script edited the multi-award winning Mrs Merton show and also co-created and co-wrote the first series of The Royle Family.

Henry has written and performed three BBC Radio 4 shows 'A Normal Family', 'A Normal Life' and 'A Normal Love' combining comedy, poetry and stories about bringing up his autistic son.

His book 'A Normal Family', written with his wife and drawing on his family experience became an immediate best seller on Amazon

### Programme for the Day

- 8.45 Registration & Book Purchase/  
Signing Opportunity with  
Henry Normal
- 9:30 Welcome and Introduction
- 9:35 Keynote Speaker: Henry Normal
- 10:20 Coffee in the Garden Room/  
Further Signing Opportunity
- 10.40 Workshop 1
- 12:10 Lunch
- 1:10 Workshop 2
- 2:40 Providers & Professionals available  
for questions
- 3:00 Close

For further information please contact:  
Jane Chamberlain or Cath Page  
on (0115) 854 6464.

## Workshop Details:

### Emotional Literacy

Helping your child to recognise and communicate their feelings

*Workshop Provider: Alex Wright, Educational Psychologist*

### Sensory Sensitivities

How might your child be affected by their senses and what strategies may help?

*Workshop Provider: Linda Jones, Specialist Teacher in Autism and Sensory Sensitivities*

### Empowerment

Developing confidence; getting your voice heard

*Workshop Providers: Julie Rastall and Claire Bosanquet, Parents*

### Behavioural Strategies: Coping with Risky Behaviour

A workshop designed to explain to parents how their children are managed in schools should their behaviour become risky to themselves or others

*Workshop Provider: Jon Glover and Tricia Clarke, Physical Intervention Team*

### Makaton: A Taster Session

An opportunity to find out more about the benefits of Makaton for children's communication; learn up to 30 signs and symbols; and how to access further training, if appropriate.

*Workshop Provider: Helen Adams, Regional Makaton Tutor/Speech and Language Therapist*

## Booking Form

Name .....

Address .....

Postcode .....

Telephone .....

Email (Please print clearly)

.....  
This will only be used to send you details regarding the conference – confirmation of attendance etc.

### Workshop Choice

You will be able to attend **two** workshops. Please number **in order of preference** from 1 (first choice) down to 5.

Emotional Literacy

Sensory Sensitivities

Empowerment

Behavioural Strategies

Makaton Taster Session


We will try to match your 1st & 2nd choice but please give us other options too.

Please state any special requirements you may have (e.g. dietary, BSL interpreter etc.)

### Please return this form to:

Jane Chamberlain, SFSS,  
Home Brewery Building, Sir John Robinson Way,  
Arnold, Nottingham NG5 6DA.  
Telephone: 0115 854 6464

**To avoid disappointment please book by  
05 April 2019**